

Beauty for You

Get gorgeous with this week's best beauty buys...



Gemma and Claire bring you unmissable beauty products, ideas and tips

The brows have it

Celebrity eyebrow expert Shavata advises all her clients, including Lulu and Elle Macpherson, to try to maintain their brows themselves between visits to her studio. She's made it easier for them, and you, with her new Heart Tweezer Compact, complete with a magnifying mirror for precise shaping on the go. Rachel Stevens visits Shavata regularly to keep her brows neat for the *Strictly* tour.



Shavata Heart Tweezer Compact, £16.50. Call 020 8993 8333 or via QVC and visit www.shavata.co.uk to book an appointment with Shavata.

Shapely brows will lift your whole face



Rachel keeps her brows super-groomed

3 ways to soft hands

KEEP hands protected. They can take a battering, so wear rubber gloves when washing dishes or gardening.

WATER left on hands will evaporate, leaving them dried up and red. Use a handcream with lanolin to rehydrate.

EXFOLIATE once a month by massaging in natural sugar and olive oil. Rinse away for baby-soft hands.

COMPILED BY GEMMA BROOKS PHOTOGRAPHS IPC IMAGES, BEX



Overstyled hair needs a touch of TLC

Star looks for less

Be a smoothie!

After all the blow-drying and styling over Christmas, use a shampoo that's gentle enough to remove product build-up without stripping your hair's natural oils.



Tisserand £4.95

Tame unruly ends with a lightweight serum. Use only when needed, not every day, to keep your hair feeling and looking smooth.



Richard Ward £4.99



This dryer helps to reduce frizz by up to 90 per cent. The attached silk capsules help hair to retain moisture and look super-shiny.

NutriHeat Nourishing Hairdryer at Argos £34.99