

Beauty news by Kate Shapland



THE EXPERT SECRET FACE-FRAMING BROWS

Shavata has been shaping and grooming eyebrows for 20 years, and has studios across Britain (call 020-8993 8333 to find your nearest). She believes brows are critical because they frame the face, and recommends a professional shape once a year then the following maintenance: Tend brows on a daily basis. It is easier to pluck one or two every day than a clump every week. These **Heart Tweezers** (£16.50, shavata.co.uk) are easy to use because they are compact and easy to grip. No two brows are the same. Don't try to make them identical – take hairs from each brow as you go. Remember: eyebrows start before eyes, don't over-tweeze, keep brows swept up to open eyes. Use **Bobbi Brown Clear Natural Brow Shaper** (£12.23, bobbibrown.co.uk) for this. Best is more when it comes to make-up. Pencils are less at filling in gaps between the hairs – Shavata sells a great double-ended pencil (£7). Powder works well at extending the tail softly – try Bobbi Brown **Wheat/Blonde Brow Kit** (£24.47).



THE EXPERIENCE WELLINGTON SQUARE

If you live in East Sussex and have not yet discovered Wellington Square, a natural health centre in Hastings, you have a treat in store. Founded by the bestselling beauty writer Josephine Fairley in a beautiful Georgian house, it offers a comprehensive repertoire of therapies. I had a traditional Thai massage that was so deeply relaxing I had to drag myself on to the train back to London (£60 for two hours). I am only sorry I don't live nearer (01424-442520).



THE COMEBACK FRICTION DE FOUCAUD

Created by Madame Lucienne Merle in 1946 to invigorate the sore limbs of French military officers, and then adopted by women, this body tonic is a mixture of orange, lemon, lavender, rosemary and thyme in an alcohol base. It has recently been reintroduced, its formula unchanged. Rub vigorously into your body – particularly legs – to get blood flowing through muscles before exercise, or after it to soothe sore limbs. Original Splash, £14.95, roullierwhite.com.

THE NOVELTY FAST-ACTION HAND MASK Marcia Kilgore, the founder of Bliss, has launched a new Soap & Glory skincare range. The line includes Endless Glove Hand Mask, a seriously creamy pack – it has panthenol, vitamin E and reparative daisy flower extract in it – that works in a miraculously short time. Just layer your hands with the mask and within half an hour they will feel as soft as peaches. £4.50, Boots.



JOHN GALLIANO EXQUISITE SOLID PERFUME CHARM BRACELET

This is an enchanting presentation of the designer's signature fragrance that I predict will sell out within seconds of hitting the beauty counter at Harrods in February, which is why I am giving you a preview. Each charm was chosen by Galliano and the locket opens to reveal a silky balm version of his super-feminine floral (rose, peony, iris and violet) scent. £79 (020-7730 1234).